

ALLERGEN INFORMATION MOTHER HUBBARD'S SWAFFHAM 2019

DISH	CELERY	CEREALS containing gluten	CRUSTA CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	Peanut	SESAME SEEDS	SOYA	SULPHUR DIOXIDE
BATTER		~ Wheat											~	
BATTERED PRODUCTS		~ wheat											~	
FISH					~									
SCAMPI		~ Wheat	~											
FISH CAKES	~	~ Wheat			~		~		~				~	~
COD ROE		~ Wheat			~									
SAUSAGE		~ Wheat					~		~				~	~
SAVELOY		~ Wheat											~	
SPRING ROLL	~	~ Wheat		~			~						~	
BEEF BURGER		~ Wheat											~	~
Steak & kidney pie		~ Wheat					~						~	
Chicken & mushroom pie		~ Wheat					~						~	
Beef&onion pie		~ Wheat					~						~	
PASTY		~ Wheat					~						~	
Cheese & onion pasty		~ Wheat					~		~					
Bread roll		~ Wheat											~	
CHICKEN QRT														
Southern fried chicken		~ Wheat												
Onion rings		~ Wheat maize							~					
Baked beans														
Curry sauce	~	~ Wheat		~			~		~				~	~
Gravy	~ Trace	~ Wheat		~			~		~				~	
Mushy peas														
PIZZA BASES		~ Wheat												
GARLIC BREAD		~ Wheat												
MAYONNAISE				~					~					
SEAFOOD SAUCE				~										
COLESLAW				~			~		~		~			
BEEF DRIPPING														

DISH	CELERY	CEREALS containing gluten	CRUSTA CEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	Peanut	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	
GLUTEN FREE BATTER															
RICE CONES															
VEGETABLE OIL															
CHICKEN NUGGETS		~ Wheat					~								
CHICKEN SANDWICH	~	~ Wheat		~			~								
VEGETABLE BURGER		~ Wheat													
VINIGAR															
SALT															
PEPPER															
GARLIC DIP				~			~								
GARLIC BUTTER							~								
KETCHUP		~ Maize													
BUTTER							~								
MARGARINE							~								
MILK							~								
DELUXE CREAMER							~								
HOT CHOCOLATE MILK							~								
COFFEE															
FIZZY DRINKS		~ Wheat													
ICE CREAM							~								
PRAWNS			~												
RELISH		~ Maize													
WAFERS		~ Wheat		~			~						~		
100's&1000's															
Strawberry nut sundae							~			~ Almond walnut	~				
Chocolate nut sundae							~			~ Almond walnut	~				
Chilli con carne		~ Wheat													
Tuna salad			~		~										
Prawn salad			~												
Cheese salad							~								
Tartare sauce				~					~						
Drywite															
Tarter sauce				~					~						
Vegetable spring roll		~ Wheat													
Fruit crumbles		~ Wheat					~								
Biscuits		~ Wheat					~			~			~		

DISH	CELERY	CEREALS containing gluten	CRUSTACEANS	EGGS	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	Peanut	SESAME SEEDS	SOYA	SULPHUR DIOXIDE	
Milk shakes							~								
Salad cream				~					~						
Doughnut		~ Wheat		~			~						~ Trace		
Gourmet Doughnuts		~ Wheat		~			~			walnut hazel almond	~		~ Trace		
Ganache							Cream								
Icings													~		
Lemon curd		~ Wheat		~									~ Trace		
Mozzarella sticks		~ wheat					~						~		
Halloween Notes							~								

The factory that produces our batter states it also produces items that include mustard,celery,dairy and eggs
The factory that produces our pies states it handles nuts
The factory that produces our curry mix states it produces other products that contain egg and milk

We hope this information is useful, if you have any questions please ask any member of staff who will be only to happy to try and help , if there is any other information you feel should be available please tell us . And above anything else please do enjoy your meal .